



A cow in the shoes of a horse

Sue, the sweet cow, isn't happy just being a simple cow on the farm. She wants to help out more and decides to live her dream: to help Jeff the farmer in the way that Jeff the horse can. This story teaches the value of self-confidence and the

importance of following your dreams with strength and belief in yourself.

Subjects	Social skills introduced
Mathematics Art	Friendship / Collaboration Self-acceptance Self esteem

Further information

Educating children to believe in themselves and their dreams helps them to have a more concrete and positive connection to the world and their future. A child who is scared to act or who feels insecure will grow into a child who has problems learning, a teenager with problems socialising and an adult who has difficulty finding their place in the world. Self-confidence and believing in yourself are trampolines to help children launch themselves into their future.





