



## Who's afraid of the dark?

Who said that a king isn't afraid of anything? Zaldo the lion, a brave feline and king of the land, loves the dark. However, no-one knows that the real reason it's so hard to get him out of his hiding place is the sun and his phobia of shadows! Luckily, his dear friends can help him understand what shadows are and help him overcome his fears.

### Subjects

Engineering (Visual-spatial intelligence)  
Science

### Social skills introduced

Emotions  
Self-acceptance  
Self esteem

### Further information

Fear is an important feeling. It helps keep us away from danger but when fear is unfounded, the only thing that can help free children from this overwhelming feeling is knowledge and understanding.

To help children understand this emotion, it is important to speak about it first.

Often, the fear is about trying something new or unknown, so it's important to teach children to separate fear from a fear of the unknown.



Suggested age

3-4 years

Difficulty of game



Learning objectives

- Animals: dividing into categories (mammals, birds, reptiles, insects, etc)
- Visual attention

It's night time. Drag all the animals that aren't cats to the den



Touch the correct shadow



Touch the animal who has this shadow

